



## PORTAGE LA PRAIRIE, MB

100 Radon
Test Kit Challenge

## **79 HOMES**

participated by testing for radon gas during the winter of 2023 using 91-day alpha track tests. This represents approximately 4% of the community dwellings.

**48%** of homes tested above Health Canada's guideline of 200 Bq/m<sup>3</sup>



Radon is a naturally occurring radioactive gas that comes from the ground.



Exposure to elevated levels of radon is linked to increased chances of developing lung cancer.



UNDER 100 Bq/m³ (25%)

100-200 Bq/m³ (27%)

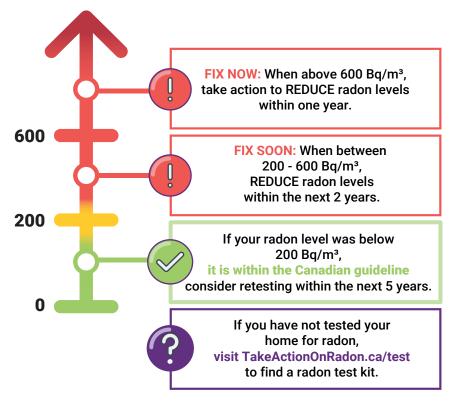
OVER 200 Bq/m³ (48%)

Levels can vary between neighbouring houses. The only way to know your radon level is to test.





Radon enters a home through contact with the ground and can build up to elevated levels.



Since radon levels fluctuate over time, testing with a long-term test (of at least 91 days) provides a better estimate of your annual radon exposure. Many digital detectors are available to purchase or to borrow for shorter test durations, but we still recommend testing for at least 91 days. If you borrow a digital monitor for a shorter test, consider following up with a long-term test.

A **radon mitigation system** is installed with a fan that draws air (and radon) up from beneath the foundation and discharges the radon to the outdoors where is disperses the radon to low levels. This system reduces radon levels by preventing radon from entering your home.

## Missed your chance to test?

Check out Take Action on Radon's website for more information on how to access a long-term (91-day) test kit in your regionand how to properly test your home.

TakeActionOnRadon.ca/test



radon mitigation system



Depending on the year of construction of a home, the Manitoba building code requires installation of a radon stub pipe through the foundation of the house. This is not a radon mitigation system, but simply a rough-in. Every home needs to be tested for radon for at least 91 days, during the heating season to detrmine if a mitigation system is required.

Radon gas levels are reduced the most by installing a **radon mitigation system**. Research shows that **certified radon professionals** can reduce levels by over 90%. Other steps, such as increasing ventilation and sealing cracks, can help in the short-term but are less effective.

HOW TO FIND A CERTIFIED PROFESSIONAL TakeActionOnRadon.ca/test/ find-a-radon-mitigation-professional/

Certified radon mitigation professionals are trained to properly assess your home, and design systems to efficiently and effectively reduce your radon level.



## Already tested and want to help?

If you are willing to share your data to help us better understand radon in your community, submit your information to our online radon depository.

TakeActionOnRadon.ca/share



Take Action on Radon is a national initiative funded by Health Canada with a mandate to bring together stakeholders and raise awareness on radon across Canada. The current advisory team is made up of the Canadian Association of Radon Scientists and Technologists (CARST) and the Canadian Cancer Society.